

St. Thomas January 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 Beef Tacos Black Beans Garden Salad Orange Slices	3 Spaghetti w/ Meat Sauce Garlic Breadsticks Caesar Salad Mandarin Oranges	4 Chicken Bites Broccoli Mashed Potatoes Pineapple	5 Cheese or Pepperoni Pizza Caesar Salad Carrots Watermelon
8 Chicken Patty Burger On Whole Wheat Bun Curly Fries Peas Apple Slices	9 Beef Nachos Refried Beans Caesar Salad Banana	10 Breaded Fish Sticks Garden Salad Smiley Fries Peaches	11 Meatball Sub On a Whole Wheat Roll Fresh Broccoli Pineapple	12 Cheese or Pepperoni Stuffed Crust Pizza Caesar Salad Green Beans Pears
15 NO SCHOOL	16 Chicken Tacos Four Bean Salad Carrots Pineapple	17 Cheeseburger or Hamburger Smiley Fries Peas Grapes	18 Mozzarella Cheese Sticks w/ Marinara Sauce Caesar Salad Fresh Strawberries	19 Cheese or Pepperoni Pizza Sweet Potato Fries Green Beans Apple Slices
22 Popcorn Chicken Mashed Potatoes Corn Peaches	23 Fish Tacos Black Beans Garden Salad Pineapple	24 Chicken Caesar Salad Breadsticks Corn Orange Slices	25 Mozzarella Sticks With Marinara Sauce Broccoli Mandarin Oranges	26 Cheese or Pepperoni Sticks w/Marinara Sauce Four Bean Salad Watermelon
29 Spaghetti w/ Meatballs Caesar Salad Garlic Breadsticks Peaches	30 Chicken Nachos Black Beans Garden Salad Pears	31 Beef & Broccoli Fried Rice Cucumbers Grapes		

Second Choice of Sandwich: **Monday:** Ham & Cheese **Tuesday:** Turkey & Cheese

Wednesday: Roast Beef & Cheese **Thursday:** Tuna & Cheese

Breakfast:

Choice of Bagel with Cream Cheese, Pancakes & Sausage on a Stick, Breakfast Bun or French Toast Sticks
 Served with Fruit and Milk