

ST. THOMAS SCHOOL LUNCH PROGRAM



January 2010



Monday	Tuesday	Wednesday	Thursday	Friday
<p>PB & J Sandwich w/ a Yogurt Offered Daily</p> <p>Choice of Skim, Lowfat 1%, Lowfat Chocolate, Lowfat Strawberry available with every meal</p>	<p>Prices: Adults \$3.60 Children \$2.50 Reduced \$0.40</p> <p>*Menu subject to change without notice*</p>			<p>1 NEW YEAR'S DAY NO SCHOOL</p>
<p>4 Cheeseburger w/ pickles on a Roll -OR- Turkey & Cheese Wrap w/ Lettuce Tomato Soup, Cheddar Snack Crackers Chilled Pears Milk</p>	<p>5 Chicken Nuggets w/Wheat Roll -OR- Hot Ham & Cheese Bagel Mashed Potatoes Green Peas Brownie Milk</p>	<p>6 Cheese Lasagna w/ Italian Bread -OR- Steak-um on a Roll Tossed Salad Diced Peaches Milk</p>	<p>7 BBQ Pork Rib w/Dinner Roll -OR- Baked Ham w/Dinner Roll Macaroni & Cheese Steamed Corn Mixed Fruit Milk</p>	<p>8 Pizza Sticks w/Dipping Sauce -OR- Fishwich Romaine Salad Chilled Pears Milk</p>
<p>11 Hot Dog on Roll -OR- Deli Ham & Swiss on a Roll Baked Beans Coleslaw Apple Slices Milk</p>	<p>12 Beef & Cheese Nachos -OR- Turkey & Cheese w/ Lettuce on a Roll Carrot Sticks w/Ranch Dressing Chilled Pears Milk</p>	<p>13 French Toast Sticks w/ Sausage Patty -OR- Ham, Egg, & Cheese Bagel Potato Smiles Orange Smiles Milk</p>	<p>14 Grilled Cheese Sandwich -OR- Chicken Salad on a Roll Chicken Noodle Soup Carrot & Celery Sticks, Diced Peaches Milk</p>	<p>15 Stuffed Crust Cheese & Pepperoni Pizza -OR- Fish Shapes w/ Mashed Potatoes Cucumber Slices Apple Crisp Milk</p>
<p>18 MARTIN LUTHER KING JR. DAY NO SCHOOL</p>	<p>19 Spaghetti & Meat Sauce w/ a Roll -OR- Pork Rib-B-Q on a Roll Caesar Salad Applesauce Milk</p>	<p>20 Salisbury Steak w/Gravy & Slice of Bread -OR- Chef Salad w/ a Roll Mashed Potatoes Peas & Carrots & Pineapple Tidbits Milk</p>	<p>21 BAG LUNCH Bagel w/ Cream Cheese -OR- Turkey BLT Wrap Trix Yogurt, Orange Smiles, Cookie Celery w/ Peanut Butter & Raisins Milk</p>	<p>22 Home Style Cheese & Pepperoni Pizza -OR- Fishwich w/Cheese Tossed Salad Chilled Pears & Fudge Bar</p>
<p>25 Beef Ravioli w/Wheat Roll -OR- Chicken Caesar Wrap Green Beans Diced Peaches Milk</p>	<p>26 Chicken Patty w/ Lettuce on a Roll -OR- Tuna Wrap w/ Lettuce Macaroni Salad Mixed Fruit Cookie Milk</p>	<p>27 Hot Meatball Sub w/Shredded Cheese -OR- Steak-um w/Cheese on a Roll French Fries Applesauce & Teddy Grahams Milk</p>	<p>28 Shepherd Pie w/ a Roll -OR- Chicken Salad Sandwich Baby Carrots, Ruffle Chips Chilled Pears Icy Juicy Milk</p>	<p>29 Cheese or Pepperoni Bagel Pizza -OR- Fish Nuggets w/Noodles Mixed Fresh Vegetables w/Ranch Dressing, Apple Slices, & Vanilla Pudding</p>