



St. Thomas School Lunch Program

December 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cheeseburger on a Bun -OR- Ham Italian w/Tomato, Green Pepper and Pickles Macaroni Salad Chilled Pears and Jell-O Milk	2 Shepherd Pie w/Wheat Roll -OR- Chicken Salad Sandwich Cheddar Snack Crackers Baby Carrots, Diced Peaches Vanilla Pudding Milk	3 Chicken Patty w/Lettuce & Roll -OR- Tuna Melt on English Muffin w/Lettuce & Tomato Ruffles Potato Chips Mixed Fruit Milk	4 Pizza Sticks w/Dipping Sauce -OR- Fish Shapes w/Noodles Tossed Salad Peaches Milk
7 Beef Ravioli w/Italian Bread -OR- Ham & Cheese Wrap w/Lettuce & Tomato Carrot Sticks, Ruffle Chips Chilled Pears Milk	8 Chicken Nuggets w/ Wheat Roll -OR- Turkey & Cheese Sandwich w/Lettuce Rice Pilaf, Green Beans Orange Smiles Milk	9 Grilled Cheese Sandwich -OR- Ham & Swiss Cheese Wrap Chicken Noodle Soup Carrot & Celery Sticks Mixed Fruit Milk	10 Meatball Sub w/ Cheese -OR- Turkey Salad on Roll w/Lettuce Tator Tots, Applesauce w/ Graham Crackers Milk	11 Homestyle Cheese or Pepperoni Pizza -OR- Fishwich Baby Corn Chilled Pears Milk
14 French Toast Sticks w/Sausage Patty -OR- Sausage, Egg & Cheese Burrito Potato Smiles Diced Peaches Milk	15 Cheese Lasagna w/Garlic Bread -OR- Pork Rib-B-Q on Roll Tossed Salad Chilled Pears Milk	16 Hard Shell Beef Taco w/Salsa, Cheese, Lettuce & Tomato -OR- Scrambled Hamburg on a Roll Steamed Corn Chilled Pineapple Milk	17 Roast Pork -OR- Baked Ham Roasted Potatoes & Roll Green Peas & Mixed Fruit Chocolate Cake w/ Frosting Milk	18 Stuffed Crust Cheese & Pepperoni Pizza -OR- Fish Nuggets w/Mashed Potatoes Cucumber Slices Sliced Peaches, Milk
21 Hot Dog on a Roll -OR- Turkey BLT Wrap French Fries Diced Peaches & Icy Juicy Milk	22 BAG LUNCH Bagel w/ Cream Cheese -OR- Ham & Cheese on a Roll Carrot & Celery Sticks Trix Yogurt, Raisins & Cookie Milk	23 VACATION DAY	24 VACATION DAY	25 VACATION DAY
28 VACATION DAY	29 VACATION DAY	30 VACATION DAY		

PB & J Sandwich w/ a Yogurt Offered Daily

Choice of Skim, Lowfat 1%, Lowfat Chocolate, Lowfat Strawberry available with every meal.

Prices:

Adults \$3.30
Children \$2.50
Reduced \$0.40

*Menu subject to change without notice.